

# Show Yourself Some Love



Curated "Loving Me Most"  
Wellness Box by **Living Supreme\***  
&

Virtual Yoga Practice to Cultivate Self-  
**Love & Care**

Contactless Pick-Up of Boxes on  
Friday, February 12th @  
Elevate Yoga Denver (Colfax & Elm)

Virtual Yoga Class via Zoom on  
Saturday, February 13th, 12pm-1pm MST

*\$60 for wellness box & yoga class*  
*\$20 for only virtual yoga class*

*Register online @ [elevateyogadenver.com](https://www.elevateyogadenver.com)  
by February 8, 2021*

*\*Each box will include: Candle, Sensuality Soap, Warm Socks, Chocolate,  
Inspirational Quote, Body Scrub & Cream*

